

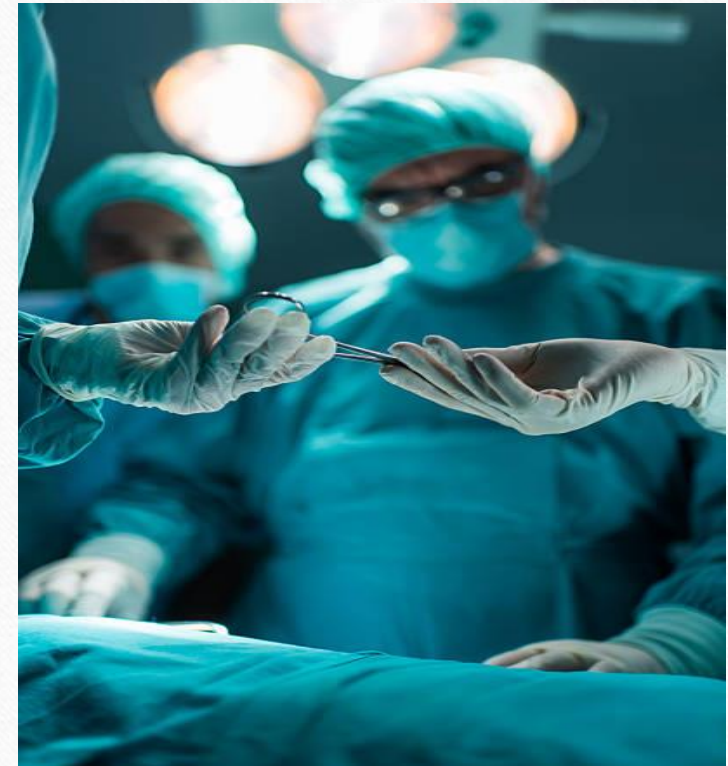
GOWNING & GLOVING TECHNIQUE

ADNAN RAMZAN

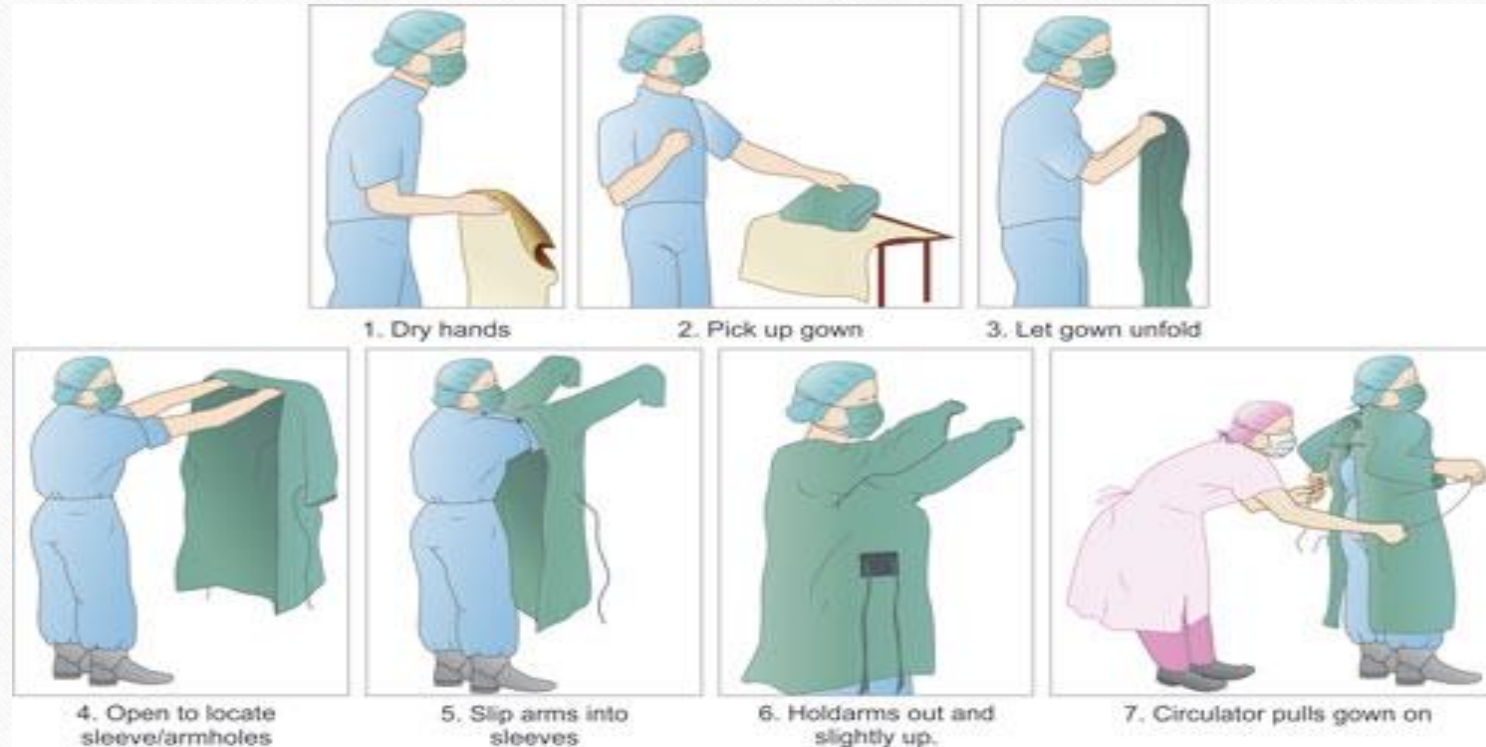
Doctors Institute of Medical & Emerging
Science

INTRODUCTION

- Performed **after Surgical Scrub**.
- Involve the **donning of Sterile Surgical Gown and Gloves**.
- Donn in such a way as to **maintain sterility** of the **outside** of both gown & gloves.



GOWNING



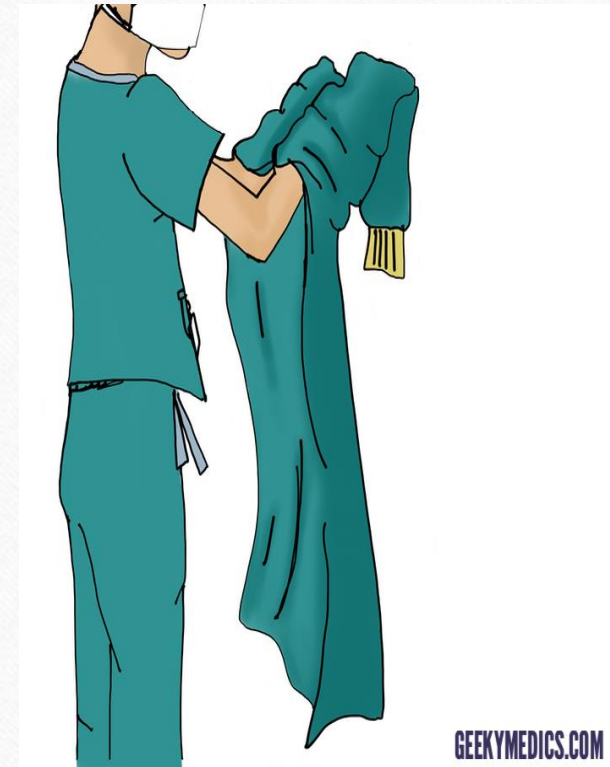
Gowning Procedure

1. Use one hand to pick up the entire folded gown from the table grasping the gown through all layers being careful to touch only the inside top layer .
2. Step back from the table into a clear area , providing a wide margin of safety while gowning.

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3. **Hold** the gown in the **rear neck** and allow it to unfold , **being careful not to touch** either the body or other **unsterile items or objects**.
 4. **Grasp the inside of the gown** , just below the **neckband** , **unfold the gown**, and keep the inside of the gown towards the body.



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5. Keep the hands at the shoulder level and **put hands inside the shoulders** of the gown and work the arm pathway into the sleeves **without touching the outside of the Gown** .

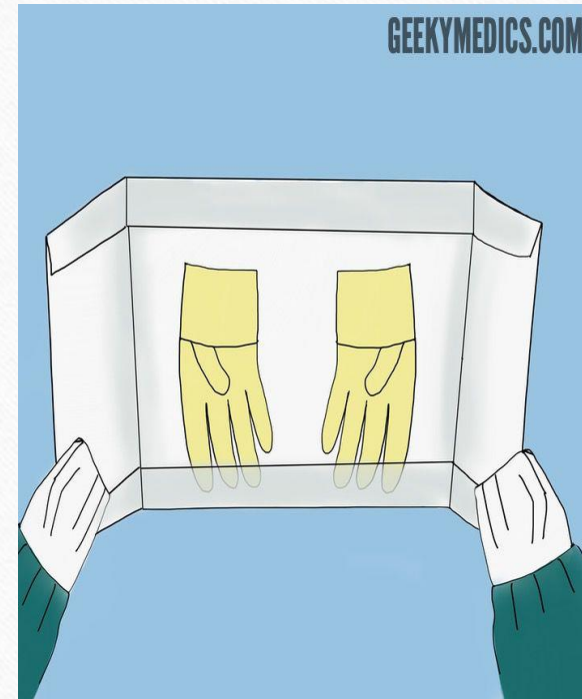


6. Back of the gown is **securely** closed at the **neck and waist** with ties by circulating nurse.
7. Touch the outside of the gown only at line of tie at the neck.



Gloving Procedure

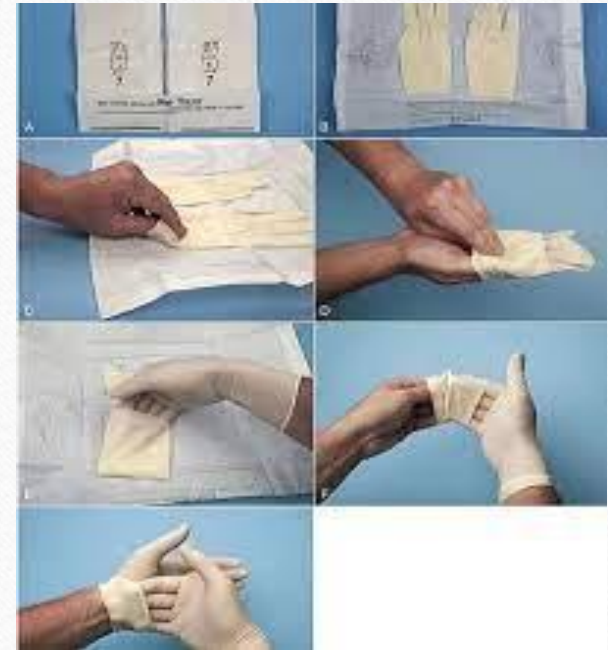
1. **Open** the sterile **gloves wrapper** while the hands are still covered by the sleeves.
2. **Pick the write hand glove** with the **left hand** by holding it at the edge of averted cuff and **step back** from the field .



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3. Insert the right hand into the glove and explore the finger holes before inserting the whole hand completely , leave the averted cuff as is.
 4. Slip the glove right hand under the fold of the averted cuff.



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5. Make a **pleat** of averted glove over the cuff of gown
 6. Repeat all steps for left hand
 7. Now **open the averted** cuff of glove of right hand by holding it at the fingers of left hand from the outer surface of glove.
 6. Repeat it for the left hand .



ANY
QUESTIONS

